

HIKING TRAILS, TIPS AND RULES

The Swedish Right of Public Access gives everyone the right to roam freely in nature. With this right comes a responsibility to show consideration for landowners, flora, fauna and other visitors.

FREEDOM TO ROAM

The Swedish Right of Public Access gives everyone the right to roam freely in nature, including on private land, for instance to pick wild berries and mushrooms. You are allowed to walk across private property to access fishing waters, and to temporarily use a jetty if it is situated outside a private plot. You are allowed to access the shore, swim and temporarily moor a boat at a beach that doesn't belong to a private plot and isn't a protected bird habitat. You can also pitch a tent for a couple of days in the wild. Don't leave any rubbish and be careful if you light a fire. In protected natural areas, special rules apply that are displayed for visitors to read at the site. For more information about the Swedish Right of Public Access, visit naturvardsverket.se/allemansratten

The Right of Public Access is not fully applicable in nature reserves. For more information on the rules that apply at Fegen and Isaberg nature reserves, visit www.lansstyrelsen.se



BE RESPECTFUL WHEN CAMPING

You are allowed to camp temporarily without the landowner's permission, provided you do not cause disturbance. At Fegen and Isaberg nature reserves, overnight camping is only permitted in dedicated areas, and for no more than two consecutive nights at Fegen nature reserve. Protect plants and animals.

You are allowed to pick wild berries, flowers and mushrooms, but not to break twigs from living trees and bushes. Dogs should be kept under supervision, and between 1 March–20 August dogs must not be let loose in areas where there is game. At Isaberg nature reserve, dogs must always be kept on a leash. At Fegen nature reserve, there are some areas where special rules apply. These include bird sanctuaries, where entry is forbidden between 1 April–31 July.

TAKE CARE WHEN LIGHTING FIRES

You should primarily use the fire places provided. At Fegen and Isaberg nature reserves, lighting fires is only allowed in designated areas.



NATUR- OCH KULTURSTIG NISSAN

In the area around Nissan in the town of Gislaved, you'll find plenty of fascinating sites of natural and cultural interest. A walk along the nature and culture trail Natur- och kulturstig Nissan is a great way to experience and find out more. Along the trail you'll find signs with information about the local flora, fauna and industrial and cultural history. You'll walk past several old industrial buildings and the Gislaved industrial museum, while enjoying beautiful views along the river. On the route is a barbecue area next to the Nissan. The nature and culture trail is marked with posts displaying the trail's specific logo.

5 NORTHERN ROUTE

Length: 3 km

Marking: posts marked with the letter G

Difficulty: Uneven terrain

6 SOUTHERN ROUTE

Length: 3,6 km

Marking: posts marked with the letter G

Difficulty: Relatively easy terrain

7 NISSANLEDEN

Length: 8 km

Marking: Arrow markings

Difficulty: Relatively easy terrain

Nissanleden is a walking path between Smålandsstenar and Skeppshult. The path follows the beautiful, meandering course of the river Nissan, and you'll find many beautiful places to admire along the way. A stone's throw from the path is one of the municipality's most impressive historic sites where you can admire Iron Age stone circles. Along the path is a picnic/camping area where the route passes Svenshult.



9 DRAVEN RUNT

Length: 9 km

Marking: marked in orange

Difficulty: Easy/intermediate

The Draven nature reserve, situated about 10 km north of lake Bolmen, is one of Sweden's most interesting bird areas. The lake has been restored to its former state as a shallow lake subject to flooding, amid historic landscape. It now provides an important breeding ground for a wide variety of birds. There is a beautiful hiking trail around lake Draven with viewpoints, a birdwatching tower, a wind shelter, a fire place and a sleeping hut.



8 ANDERSTORPS STORMOSSE

Length: 3,5 km

Marking: unmarked

Difficulty: Easy/intermediate

Anderstorps Stormosse is a nature reserve with rich birdlife, covering an area of almost 2,000 hectares. If you're lucky, you might see common cranes or black grouse performing their mating ritual. From the village of Henja, a gravel path for pedestrians and cyclists extends north to Ekenäs. This path is about 3.5 km long. Why not hire a pair of snowshoes and explore the flora and fauna in the bog? The nature reserve also has a birdwatching tower, picnic/camping areas, fire places and a wind shelter.



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For more information or to order brochures, contact turism@enterslaved.se

Gislaved Municipality offers wonderful nature and a varied range of nature reserves.

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HIKING

MAP AND INFORMATION, GISLAVED COUNTY



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HIKING TRAILS STARTING FROM ISABERG MOUNTAIN RESORT

There are many great hiking trails of varying lengths around Isaberg. Below are a few examples.

ETTÖ GOLFBANELED

Length: 6 km

Marking: Yellow

Difficulty: Intermediate, hilly terrain. Hikers and cyclists partly share the route.

This hiking trail offers a huge variety of different environments, wonderful nature and fascinating cultural environments. You'll walk from Isaberg, a hill consisting of primary rock, to the Ettö nature reserve. Ettö has an open, fertile delta landscape including fields, beaches and meadows. The hiking trail goes through fields where cows graze in the summer. The nature reserve mainly consists of open meadowland with birch and juniper trees. The area north of Svartvik features a mixture of broadleaf and coniferous forests. The trail takes you across the river Nissan on a beautiful suspension bridge and towards Isaberg golf course. The old Nissafors ironworks and a waterfall are situated here. If you don't want to walk the whole stretch, you can join the trail at Ettö nature reserve.

BJÄRSVEDSLEDEN

Length: 12,5 km

Marking: Black/white

Difficulty: Easy/intermediate (hilly terrain). Hikers and cyclists partly share the route.

The trail takes you up Isaberg, a hill consisting of primary rock, and on to the small village of Bjärsved where horses and cows graze in the fields in summer. From there you'll continue to Bjärsvedsklint, a hill 250 metres above sea level offering wonderful views. There's also a picnic/camping area here with a fire place. On the way back to Isaberg, in the village of Hestra, there's a delightful children's playground amid woodland a stone's throw from the trail, with attractions including a slide that's a mini version of the Isabergstornet observation tower and a small bathing area.

JÄTTESTIGEN

Length: 2,8 km

Marking: Yellow/white

Difficulty: Difficult, hilly terrain. Hikers and cyclists partly share the route.

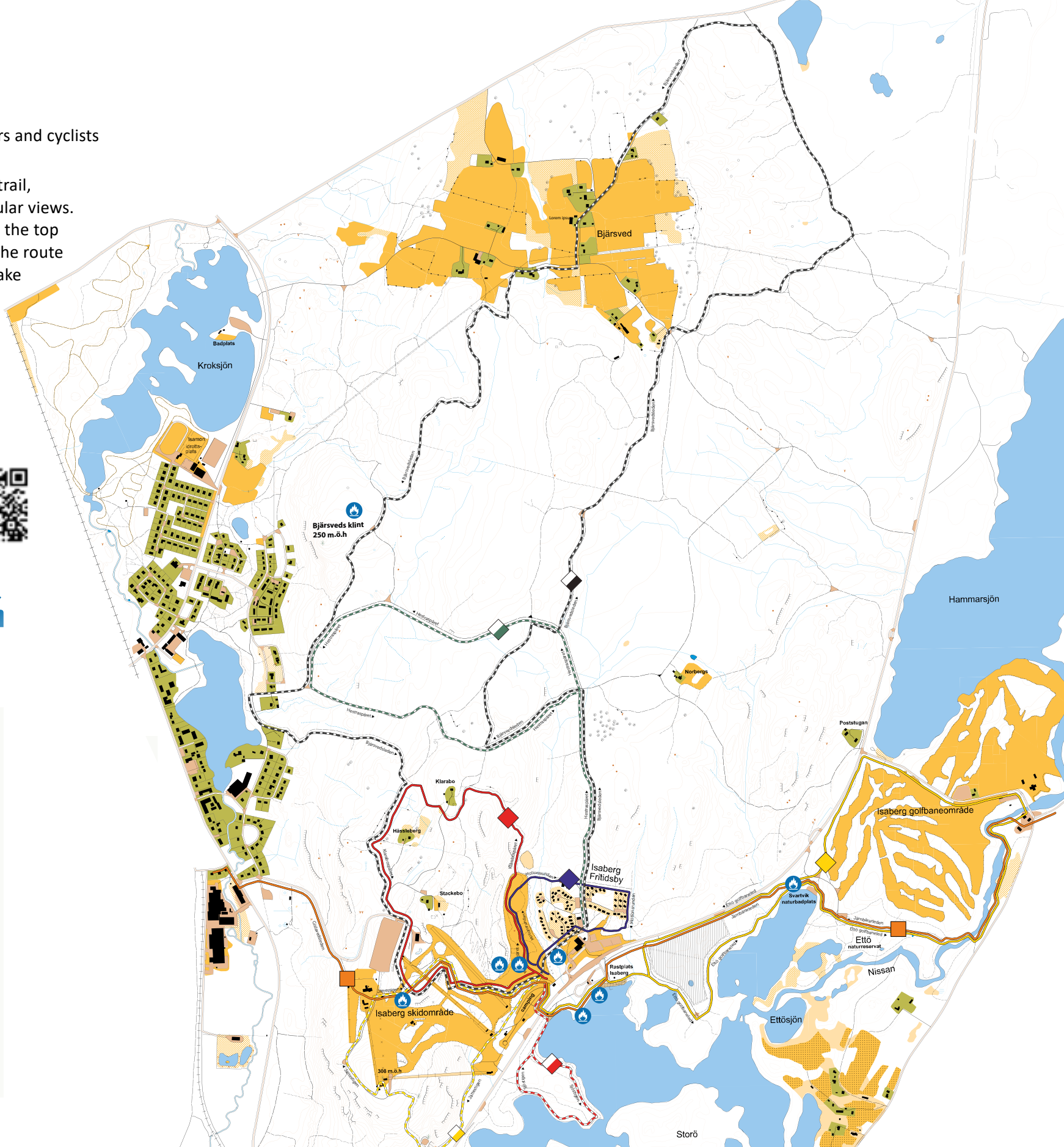
Jättestigen is Isaberg's most difficult trail, with challenging terrain and spectacular views. With the help of rope, you can get to the top through a crevice in the rock. Along the route you'll pass Sandsilon with a view of lake Algustorpsjön. Inside the large entrance, a silo has been excavated from the rock using explosives. At the top of Isaberg there is a lovely picnic/camping area next to the 100-year-old observation tower.

Isaberg Mountain Resort
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Trail information refers to:	Length Metres of elevation Ease of access Puts
Stugbyrundan	15 km 50 hm Intermediate Low
Sjöstigen	2 km 20 hm Intermediate Low
Jättestigen	2,8 km 185 hm Difficult High
Klarabospåret	3 km 110 hm Difficult High
Hestrapåret	5,5 km 160 hm Easy Hög
Ettö golfbaneled	6 km 60 hm Intermediate Low
Bjärsvedsleden	12,5 km 280 hm Intermediate Low
Jämbåralleden	21 km 310 hm Intermediate
Gislavedsleden	100 km Intermediate Low

OBS! Routes marked in orange are not circular routes.



WALK CAREFULLY IN NATURE

It is not permitted to walk on land that risks being damaged, such as fields with growing crops. Horse riding and cycling is only permitted if there is no risk of causing damage. It is forbidden to drive motorised vehicles off-road. Littering is strictly forbidden.



HIKING ON BOGS

Do you love outdoor activities and the peace and tranquillity in Småland's forests and nature? Why not rent a pair of snowshoes to experience an unforgettable walk on one of the many beautiful bogs here in the region? You can rent snowshoes from Hestra Guesthouse, where the staff will also be happy to recommend good walking routes.

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Phone: +46 70 381 51 18 / +46 70 605 19 22
Mail: hestraguesthouse@gmail.com
www.hestraguesthouse.se

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1 GISLAVEDSLEDEN

Length: 100 Km

Marking: Orange

Ground surface: woodland path, gravel path, asphalt road

Difficulty: Easy/intermediate

Silence, tranquillity, enchantingly beautiful lakes and spectacular views.

Gislavedsleden is a 100 km long trail that brings you close to the Småland landscape.

A hike along Gislavedsleden offers wonderful nature experiences with deep, peaceful forests, enchantingly beautiful lakes, spectacular views, a rich fauna including elks and roe deer, lingonberries, meadows with grazing cows and traditional red cottages with white trim. The trail extends from Isaberg in the north to Fegen and Kinnared in the south, passing through two nature reserves and many fascinating areas of cultural interest. Gislavedsleden is part of the larger Smålandsleden trail, a system of hiking trails perfect for long-distance hikers. In the south, the trail links to the Hallandsleden trail. In the north, it links to Höglandsleden via Järnbärarleden. Gislavedsleden is part of the E6 European long distance walking path, which extends from Alexandroupolis in Greece to Kilpisjärvi in Finland.

Hiking with picturesque accommodation

Hiking while staying at different accommodations en route is a comfortable adventure since you don't need to carry a tent, allowing you to walk light every day. Hikers who like sleeping under a roof have various options to choose from. Several genuine and distinctive accommodation options are available along Gislavedsleden.

ISABERG – NÅS APPROX. 20 KM / GISLAVED APPROX. 25 KM

Start or end your hike at Isaberg nature reserve. Isaberg is a hill consisting of primary rock with an elevation of 150 metres above the surrounding terrain. There is an extensive panoramic view from the summit. Around Isaberg, there are many other hiking trails linked to Gislavedsleden. All the paths start from the central area of Isaberg Mountain Resort, where you can also find accommodation and various open air activities. Between Isaberg and Nås, the trail mainly consists of woodland paths and gravel paths. The northern part of the trail is dominated by enchanting coniferous forests, and the southern part passes through traditional Småland villages and countryside. In Nås you can rent a cottage with a lake view, sauna and pool. 1 km south of Nås you'll find a connecting path leading to Gislaved (5 km). In Gislaved you can enjoy a good evening meal and stay the night at Hotell Nissastigen. There is a bus station for hikers who want to end or start their hike in Gislaved.

Things to see along the route:

- The community hall in the village of Norra Hestra is located in surroundings dating from the Middle Ages. The school building from 1862 is a protected building.
- In Kyrkobol, just before Norra Hestra church, you will pass the largest tree in Gislaved Municipality, a linden with a circumference of over 6 metres.
- A steep path on Ångaberget takes you past a giant's kettle, which is a glacial pothole in the rock formed through a natural process.
- The mining tunnel in Slätteryd was opened around 1950 to supply the company IFÖ with the feldspar used to produce their sanitary porcelain. The mining only went on for 6–8 years here.

NÅS - ARNÅSHOLM APPROX. 25 km

The stretch between Nås and Arnåsholm is one of the most beautiful parts of the Gislavedsleden trail, extending through an area with five lakes. Between Nås and Arnåsholm, the trail primarily consists of gravel paths through woodland. On parts of the stretch you'll walk beside the water. In the middle of this stretch you'll find Mjösundet, a camping area on a picturesque headland affording a view of lake Majsjön. The small village of Arnåsholm is between lakes Harasjön and Sävsjön. The village has a bus stop, so if you want you can end your hike here and continue by bus.

Things to see along the route:

- The trail passes Högåsen, a ridge 280 metres above sea level.

ARNÅSHOLM - KÅTABO APPROX. 20 km

Between Arnåsholm and Kåtabo, you'll walk along lake Sävsjön and into Fegens nature reserve. In Hällabäck, there's a beautiful picnic/camping area next to the river Västerån. In Knavrabo, Gislavedsleden connects to Knavraboledden, a nature trail about 3 km long with a viewpoint, a cabin and the remains of an old mill. Kåtabo Hunting Lodge is located in the small village of Kåtabo. It offers accommodation in a charming soldier's cottage, a hunting lodge or the main building. The soldier's cottage has a traditional timber construction and is built from coarse, hand-cut logs. It is insulated with moss and has grass on the roof.

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Things to see along the route

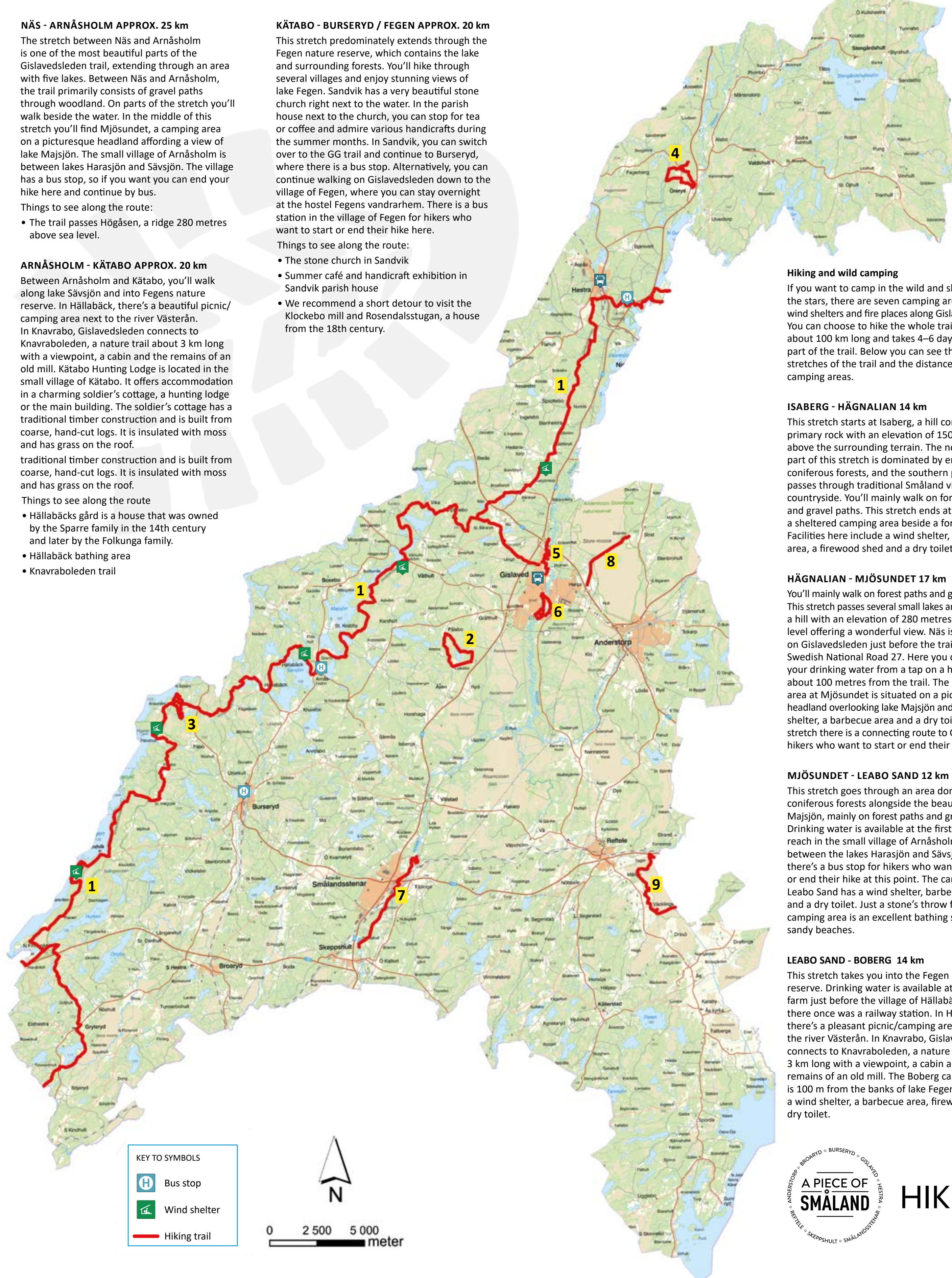
- Hällabäcks gård is a house that was owned by the Sparre family in the 14th century and later by the Folkunga family.
- Hällabäck bathing area
- Knavraboledden trail

KÅTABO - BURSERYD / FEGEN APPROX. 20 km

This stretch predominately extends through the Fegen nature reserve, which contains the lake and surrounding forests. You'll hike through several villages and enjoy stunning views of lake Fegen. Sandvik has a very beautiful stone church right next to the water. In the parish house next to the church, you can stop for tea or coffee and admire various handicrafts during the summer months. In Sandvik, you can switch over to the GG trail and continue to Burseryd, where there is a bus stop. Alternatively, you can continue walking on Gislavedsleden down to the village of Fegen, where you can stay overnight at the hostel Fegens vandrarhem. There is a bus station in the village of Fegen for hikers who want to start or end their hike here.

Things to see along the route:

- The stone church in Sandvik
- Summer café and handicraft exhibition in Sandvik parish house
- We recommend a short detour to visit the Klockebo mill and Rosendalstugan, a house from the 18th century.



KEY TO SYMBOLS

- Bus stop
- Wind shelter
- Hiking trail

0 2 500 5 000 meter



HIKING MAP, GISLAVED MUNICIPALITY

BOBERG - GRÄVLINGABACKARNA 15 km

This stretch predominately extends through the Fegen nature reserve, which contains the lake and surrounding forests. The forests primarily consists of coniferous trees, but there is also some areas with deciduous and beech forests. You'll mainly walk on forest paths and gravel paths. In Sandvik, you can switch over to the GG trail and continue to Burseryd, where there is a bus stop. Drinking water is available on the northern end of the parish house in Sandvik. The Grävlingabackarna camping area is in a secluded location beside the lake and has a wind shelter, a barbecue area, firewood and a dry toilet.

GRÄVLINGABACKARNA – FEGEN 12 KM (KOLLABO 25 KM)

On this stretch, you'll continue your hike through the fabulous Fegen nature reserve. You'll pass through several villages with beautiful views of lake Fegen. The trail forks in Barslida. If you want, you can continue walking to the village of Fegen on the southern shore of lake Fegen. Here there's a bus stop for hikers who want to end or start their hike at this point. Alternatively, you can turn towards Kinnared and Kollabo, where Gislavedsleden joins the Hallandsleden trail. Kinnared has a bus and train station. The final kilometres of the trail crossing the border between Halland and Småland are very irregularly marked, and in order to follow the trail you'll need a map or GPS. The Kollabo camping area has a wind shelter, a barbecue area, firewood and a dry toilet.



2 TUSKEBO PROMENADSTIG

Length: 5,5 km

Marking: White

Difficulty: Easy/intermediate. Please note: Unfortunately, this path does not provide adequate access for prams and mobility aids.

The Tuskebo walking path extends along lake Tuskebo through fascinating historic and cultural surroundings. The path starts at Pålbo about 5 km southwest of Gislaved. It takes you through two parishes: Våhult and Villstad. Many historic finds show that people have lived in this area since ancient times. These include Iron Age graves near Nissastigen as well as a stone axe and a dugout canoe near Tuskebo farmhouse. Along the route you'll pass several places where people have lived and worked in the past, including a timber cottage and an exceptionally well-preserved potash kiln. There are many signs along the trail with information about people who have lived in the area, such as Cajsa, who walked 80 km to work at the matchstick factory in Jönköping as the sole breadwinner for her family.

Hiking and wild camping

If you want to camp in the wild and sleep under the stars, there are seven camping areas with wind shelters and fire places along Gislavedsleden. You can choose to hike the whole trail, which is about 100 km long and takes 4–6 days, or just part of the trail. Below you can see the different stretches of the trail and the distances between camping areas.

ISABERG - HÄGNALIAN 14 km

This stretch starts at Isaberg, a hill consisting of primary rock with an elevation of 150 metres above the surrounding terrain. The northern part of this stretch is dominated by enchanting coniferous forests, and the southern part passes through traditional Småland villages and countryside. You'll mainly walk on forest paths and gravel paths. This stretch ends at Hägnalian, a sheltered camping area beside a forest road. Facilities here include a wind shelter, a barbecue area, a firewood shed and a dry toilet.

HÄGNALIAN - MJÖSUDET 17 km

You'll mainly walk on forest paths and gravel paths. This stretch passes several small lakes and Högåsen, a hill with an elevation of 280 metres above sea level offering a wonderful view. Nås is situated on Gislavedsleden just before the trail passes Swedish National Road 27. Here you can top up your drinking water from a tap on a house wall about 100 metres from the trail. The camping area at Mjösundet is situated on a picturesque headland overlooking lake Majsjön and has a wind shelter, a barbecue area and a dry toilet. On this stretch there is a connecting route to Gislaved for hikers who want to start or end their hike there.

MJÖSUDET - LEABO SAND 12 km

This stretch goes through an area dominated by coniferous forests alongside the beautiful lake Majsjön, mainly on forest paths and gravel paths. Drinking water is available at the first farm you reach in the small village of Arnåsholm, located between the lakes Harasjön and Sävsjön. Here there's a bus stop for hikers who want to start or end their hike at this point. The camping area Leabo Sand has a wind shelter, barbecue area and a dry toilet. Just a stone's throw from the camping area is an excellent bathing spot with sandy beaches.

LEABO SAND - BOBERG 14 km

This stretch takes you into the Fegen nature reserve. Drinking water is available at Förshult farm just before the village of Hällabäck, where there once was a railway station. In Hällabäck, there's a pleasant picnic/camping area next to the river Västerån. In Knavrabo, Gislavedsleden connects to Knavraboledden, a nature trail about 3 km long with a viewpoint, a cabin and the remains of an old mill. The Boberg camping area is 100 m from the banks of lake Fegen and has a wind shelter, a barbecue area, firewood and a dry toilet.



3 KNAVRABOLEDEN

Length: 3 km

Marking: Red

Difficulty: Easy/intermediate. Please note: Unfortunately, this path does not provide adequate access for prams and mobility aids.

Knavraboledden is an idyllic nature trail extending through picturesque forest landscape with four lakes. You'll pass a few streams with small bridges. There are several benches along the way where you can rest, and a cabin with barbecue facilities. The cabin has a panoramic window with a view of the enchanting natural surroundings. The route takes you past the remains of an old mill and an excellent viewpoint. You can continue walking along Gislavedsleden, which connects to Knavraboledden. Don't forget to bring a swimsuit and a picnic basket.

4 FORMINNESLEDEN

Length: 3 km or 7 km

Marking: Red (3 km), Green (7 km)

Difficulty: Easy/intermediate. Please note: Unfortunately, this path does not provide adequate access for prams and mobility aids.

Forminnesleden is a historic culture trail at the top of Gislaved Municipality. It includes two routes (3 km and 7 km) and passes many areas of historic interest. The trail mainly extends through beautiful forests, and also passes burial sites and cairns from the Iron and Bronze Ages. You can also see the remains of a trapping pit and a charcoal burner's hut. If you're lucky, you could meet one of the horses from the nearby riding school on your way through the forest. There are information boards at the car park opposite Öreryd church. At the end of the trail there's a picnic area with tables and benches.